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# CELAC STUDENT VOICE

Issue IV

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## *In This Issue*

### Staff Articles

"Soccer, Every Four Years"  
by Douglas Montano  
- pg. 2

"Refresh Our Summer"  
by Shannon Atangana  
- pg. 4

### Featured

### Academic Writing

"How to cook Pescado  
Encocado" by Jasmine  
Rodríguez - pg. 3

"Japanese Anime"  
by Barny Sanchez- pg. 5

### Artistic Expression

"Summer Nails" by  
Shannon Atangana  
- pg. 6

Interested in submitting  
your writing or art to the  
CELAC Student Voice?

Email Natalie Kubasek:  
[nkubasek@unm.edu](mailto:nkubasek@unm.edu)

The Staff would like  
to  
thank Barny and  
Jasmine  
for submitting their  
academic  
writing !

# Soccer, Every Four Years

*by Douglas Montano*

Do you know about the global phenomenon that happens every 4 years and always keeps people together? Of course, it's soccer. This event is something wonderful for soccer fans, and it does not matter if the team they are supporting loses because there is always a harmony between fans and the players. I believe that the real reason why the majority of the world celebrates the World Cup is to preserve the unity that exists among the people of the world, even if we are from different countries, races, cultures, religion, etc. The World Cup is so extraordinary.

FIFA World Cup is an event that takes place every 4 years since 1930 (excepts for 1942 and 1946 due to WWII). In its beginning, only 13 to 15 teams participated, until they decided on 16 teams in 1954. Then, in 1982, they included 8 more teams that would make 24, and in 1998, France hosted 32 teams. But, FIFA has confirmed that in 2026, the numbers of participating teams will increase to 48.

The World Cup has been held 20 times and only 8 teams have been able to win: Uruguay (1930 and 1950), Italy (1934, 1938, 1982, y 1986), Germany (1954, 1974, 1990 and 2014), Brazil (1958, 1962, 1970, 1994 and 2002), England (1966), France (1998), Argentina (1978 and 1986) and Spain (2010).

This year, the world gathers again to celebrate and support the teams that represent their nation.



# HOW TO COOK PESCADO ENCOCADO

by Jasmine Rodríguez



<http://www.startlivingecuador.com/pescado-encocado-fish-with-coconut-sauce/>

The "esmeraldeños" love seafood. In my city, Esmeraldas, Ecuador, the principal ingredient of the meals is seafood. It's because we are a city near the sea. Fishing is one of the main sources of work. One of the traditional foods is *pescado encocado* (fish with coconut sauce). It is easy to cook if you follow the next steps.

First of all, you need fresh fish. You can go in the mornings to the port where the fisherman arrive and buy fish from the sea. There are two kinds of fish that I recommend you can buy, *pargo* or *dorado*. Both fish have soft and firm flesh and they taste very delicious.

Second, you need to have fresh vegetables, for example, onions, tomatoes, peppers, lemons and *chillangua*. It is a native herb to tropical America and is used as a condiment to food. It tastes similar to cilantro.

In addition, you need the sauce of a coconut. You can buy the prepared sauce or buy a coconut, scrape it and liquefy it with the water to make the sauce. Now, put the fish with the vegetables and some water in a pot. Then, add salt and garlic and let simmer for about 20-25 minutes.

When the fish and vegetables are cooked, add the coconut sauce and let them cook for two minutes and then turn off the heat. After, you can serve the "encocado" accompanied by rice and fried *platanos* (*patacones*).

Finally, with these instructions you can cook *pescado encocado*. Now, you will enjoy that exquisite traditional "esmeraldeño" food. Don't forget to follow the instructions to cook the next time.

# Refresh Our Summer

by Shannon Atangana



It is summer.

It is hot.

It is dry.

We all want refreshments, so I will propose to you some different things you can try!

You can try a cold drink □ like ice tea, which is really popular in South American countries like Paraguay. They call it Terere. You can also make lemonade or another cold fruit juice.

For people who like ice, I suggest something you can do yourself in the kitchen, like making frozen fruit or frozen yogurt popsicles. You can also make popsicles with frozen fruit juice.

And if you are lazy (like me), you can enjoy frozen ices sticks.

These are good refreshments to drink while having fun and relaxing with your friends!



<https://chocolatecoveredkatie.com/2016/07/05/frozen-yogurt-popsicles-homemade-healthy/>

<http://www.thejfg.com/2017/05/17/otterpopsbeachbreakers/#sthash.QVvRZlZO.dpbs>

# Japanese Anime

By Barny Sanchez



Nowadays, a lot of people have become *otakus*. Probably you are thinking “what is an *otaku*?” An *otaku* is a person who likes or actually loves to watch anime. Anime is Japanese animation. The *otaku* population have increased and as a result, anime is a very popular thing now. There are many categories of anime but, the most common are *shojo*, *shonen* and *gore*.

*Shojo* is romantic anime and it is probably the most watched around the world. This kind of anime is usually for the female public but the opposite gender watches it, too. *Shojo*’s essence is the romanticism in its stories. The plot is usually based on romantic relationships with happy endings. Basically, the plot is quite predictable but that doesn’t matter, women still love *shojo* anime. The places where this kind of anime is set can be varied but, the most common is school romanticism. Schools are good places for these kinds of stories. Also, there are many *shojo* anime that set their stories in magical places.

*Shonen* is action anime, it is also one of most preferred for people around the world. This kind of anime is usually for the male public, who enjoy it a lot. *Shonen* is action meaning there is violence. It is always full of fights and battles, some of which are bloody. One of the most outstanding features of *shonen* is that the characters have various super powers. Also, we can say that *shonen* is classified in two groups. The first one is *shonen* that is set in the old times. In this kind of *shonen*, the fights and battles are with old weapons such as swords, knives, spears and the super powers, for sure. On the other hand, in futuristic *shonen*, the characters use sophisticated weapons such as guns from another dimension, suits with super technology, and also super powers.

*Gore* is scary anime but, there is a lot of *gore* that isn't scary. However, these stories are very, very bloody. Also, this kind of anime has a lot of strange or weird characters. *Gore* anime is recommended for people over 15 years old because the content is too strong. The settings for this anime are usually desolated places such as schools, houses, and even entire towns. Other common setting for *gore* are imaginary worlds full of creatures, ghosts or demons.

As I mentioned before, there is a diversity of anime with a lot of different genres. So, if you are looking for something fun, you should consider anime as an option.

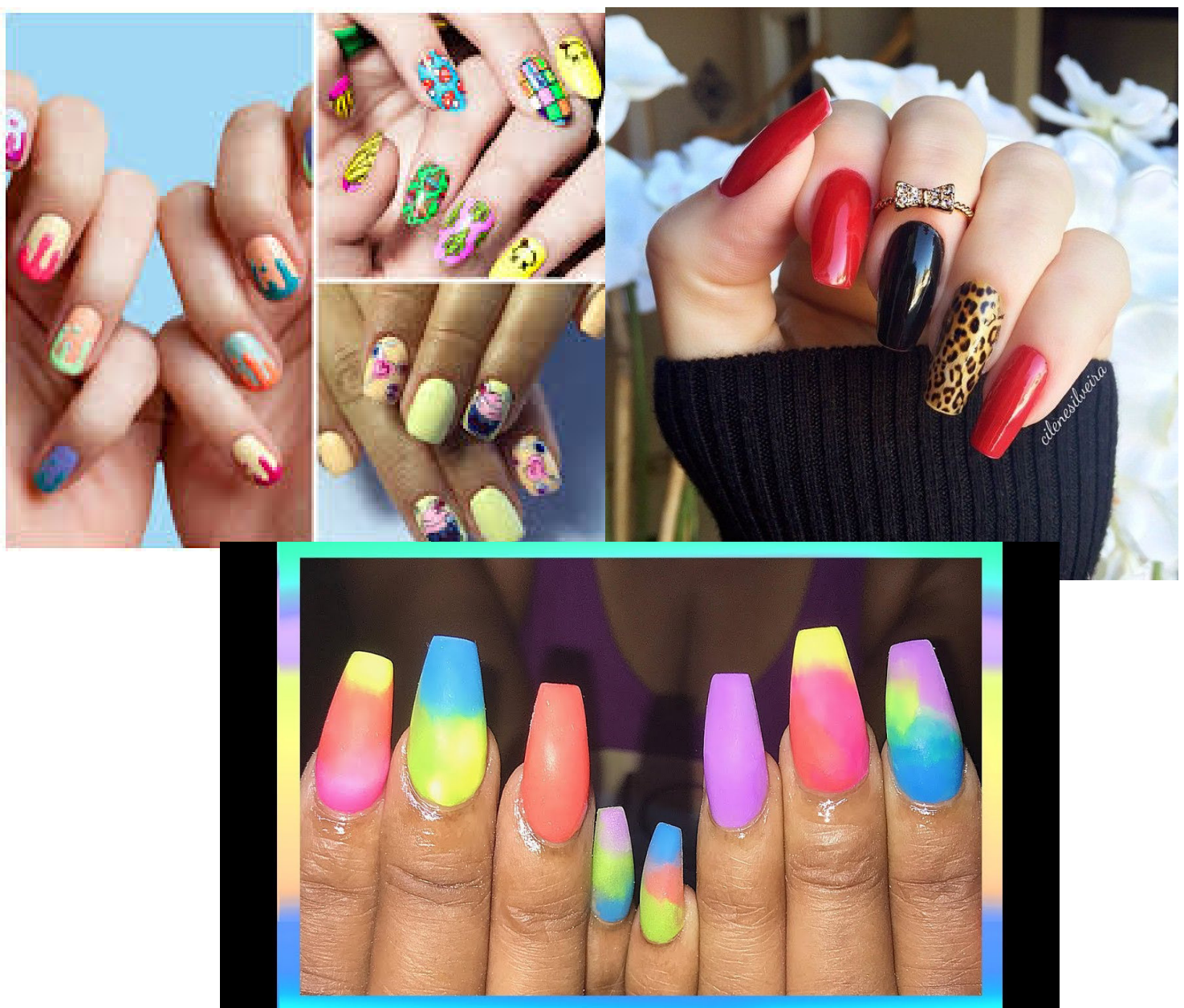
# Summer Nails

By Shannon Antangane

*Nail art is a creative way to paint, decorate, enhance, and embellish the nails. It is a type of artwork that can be done on fingernails and toenails, usually after manicures or pedicures. A manicure and a pedicure are beauty treatments that trim, shape, and polish the nail. Often these procedures remove the cuticles and soften the skin around the nails. Let me show you how to do one ☺👉.*

1. Clean your nails with soap and water.
2. Then, sand them with a nail filer until the edges are even.
3. Paint your nails with a color of your choice. I recommend summer colors, like yellow or pink. If you want them to be crazy, you can try special designs.

Let's be crazy and try some new and funny designs for this summer! I dare you ☺.



# Meet the Staff of The CELAC Student Voice



Shannon Atangane

Hey,

I am Shannon, a student in the CELAC Program of UNM. I like to try new things, like new food. My hobbies are reading, writing, talking, make up, and creating new things. I hope you will enjoy reading our articles.

Happy summer to you.



Douglas Montano Ferrufino

My name is Douglas. I am 19 years old and I am from Nicaragua.